

# Tuscany by bike

## Individual tour

**Category:** bicycle tour   
**Duration:** 7 days  
**Offer:** 2021  
**Meals:** breakfasts  
**Accommodations:** 3\* hotels, rooms with bathroom  
**Difficulty:** moderate, many elevations, tour suitable for guests over 16 years of age  
**Cycling distance:** 195 km

Tuscany lies in central Italy, in the Northern Apennines. It's capital is Florence, and it is also known for wine, produced in area of Chianti. Tuscany's complicated history is told by its unique architecture, and Tuscan town are among the most beautiful in whole Italy. The region is famous for its picturesque landscapes, art and monuments, Italian cuisine and charming kindness of its inhabitants. 7 UNESCO World Heritage Sites can be found here. During our tour, we are going to visit 3 of them: Florence, Siena's Old Town and San Gimignano with 14 medieval defensive towers. For lovers of Italian cuisine, Tuscany is a must, as it is often said that it's culinary tradition is unmatched in whole country. Of course you can find here delicious pizza and pasta, but this is not everything the region has to offer. Worth mentioning are i.e. olives, olive oil, local cheese and aged ham. Let's not forget the local vineyards, which produce excellent wines, such as popular Chianti – made in the heart of Tuscany, which we shall visit. Exploring Tuscany from the perspective of a bike saddle gives you all the opportunities to experience all this, and much more.

## Arrival:



**By plane** – the most convenient way to reach Florence is by plane. There is a wide net of connections available.

## Places to see:



### Florence

Florence, Tuscany's capital, is the birthplace of Renaissance. From the very first moments the city charms with its monuments and picturesqueness. No wonder it's such a popular tourist destination! Famous landmarks include Ponte Vecchio, Piazza della Signoria in the city centre, or churches - Santa Maria del'Fiore or Santa Maria Novella.



### Radda, Chianti

Radda is a picturesque town in the heart of Chianti. It is surrounded by defensive walls, with charming brick alleys around the main square. Landmarks include Palazzo Pretoria from XVth century, its facade decorated with reliefs and asymmetric clock, the S. Nicollo church and S. Maria al. Prato church from XVIIth century.



### Siena

Siena is located on three hills, full of narrow alleys and squares. Piazza del Campo, the famous, shell-shaped square, distinguishes the city on the map of Italy. Aside of the Piazza del Campo, we recommend to see Piazza Salimbeni, basilic of St. Dominic, Banchi Sopra Palace and many other monuments, which will be described in the tours programme.



# San Gimignano

Between Florence and Siena, surrounded by green hills, vineyards and olive forests the medieval town of San Gimignano dominates, protected by its 14 towers. It is one of best preserved medieval towns in Europe. A walk in the centre, admiring the architecture is a sight to behold.



## Short summary:

**Day 1.** Arrival to Florence

**Dzień 2.** Florence – Capannuccia - Greve - Panzano – Radda in Chianti

**Dzień 3.** Radda in Chianti – Castellina – Lornano - Siena

**Dzień 4.** Siena, free time

**Dzień 5.** Siena – Monteriggioni - San Gimignano

**Dzień 6.** San Gimignano – Montespertoli – Cerbaia – Chiesanuova - Florence

**Dzień 7.** Florence, departure

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## *Day 1. Florence*

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Arrival to Florence. Meeting with our representative on scheduled time, when you will receive your bikes, detailed description of the tour, GPS tracks, and get your bikes prepared. Afterwards, he will join you for a short ride in the town, to get to know Florence and the bikes better. In the evening – free time.

Price includes: ride in the city with our representative

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## ***Day 2. Florence – Capannuccia - Greve - Panzano – Radda in Chianti***

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**Distance: about 50 km**

**Elevations: 850 m**

At 8:00 we leave luggage at the reception and start cycling south, towards region of Chianti, the heart of Tuscany. Today will be one of the most difficult, because of the elevations on the way, but the sights and towns on the way will reward you for the effort. You will pass atmospheric, Tuscan towns, perfect for a pause and enjoying the atmosphere. At the end of the day we reach Radda, Chianti. We recommend an evening walk in the town.

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## ***Day 3. Radda in Chianti – Castellina – Lornano - Siena***

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**Distance: about 40 km**

**Elevations: 500 m**

At 8:30 we leave our luggage at the reception and continue cycling the Tuscan hills. Just like yesterday, we will be passing small, atmospheric towns. About halfway, in Lornano a tour of the vineyard with sampling awaits you. Finally, we reach Siena, a UNESCO World Heritage Site. Accommodation in a hotel in Siena.

**Price includes: vineyard tour and wine sampling in Lornano, Chianti**

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## *Day 4. Siena, rest day*

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Cycling-free day

Today is a day of rest after last difficult cycling sections. You can indulge in the atmosphere of Siena and discover its Old Town. The package you received includes maps and list of places worth visiting.

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## *Day 5. Siena – Monteriggioni - San Gimignano*

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Distance: about 45 km

Elevations: 200 m

After deserved rest, at 8:30 we leave our luggage at the reception and start cycling further. Today will be definitely less demanding, thanks to lower elevations ahead of us. About halfway we reach Monteriggioni, where we can make a pause to see medieval castle. We also visit there local vinery, where we take part in food pairing of local wine and olive oil with local food, such as ham, pecorino and salami. Eventually we reach San Gimignano, which old town with 14 medieval towers is another UNESCO World Heritage Site. We recommend to walk the narrow streets in the evening. Accommodation in a local hotel.

Price includes: food paring and wine sampling in Monteriggioni

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## *Day 6. San Gimignano – Montespertoli – Cerbaia – Chiesanuova - Florence*

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Distance: about 60 km

Elevations: 780 m

Today, after leaving the luggage at 8:30 our last cycling day awaits us, which will lead us back to Florence. Due to elevations up to 780 meters, today's route will also be a bit challenging. On the way we will be passing such towns as Certaldo, Montespertoli or Cerbaja, where we can have a pause and get some rest. Eventually we will reach Florence, where we will be able to see the places we skipped on our first day. Accommodation in a hotel in Florence.

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## *Day 7. Florence*

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Today is the last day of our trip. We hope you liked Tuscany, and this bike tour will leave many memories of the region, its cuisine and atmosphere. After breakfast you can take a walk in the city and depart, or extend your stay in Italy.

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## **Price includes:**

- 6 accommodations with breakfasts in local hotels/pensions, good standard with bathrooms included
  - Baggage transfer between accommodations
  - Vineyard tour with tasting in Lornano, Chianti on day 3. of the tour
  - food pairing and wine sampling in Monteriggioni on day 5. of the tour
  - Ride around Florence with company's representative
  - Technical assistance during the trip
  - Tourist's package: detailed description of the route, along with the information required for reaching the destination by bike.
  - GPS tracks
  - Handing out and picking up of the bike at the appointed location
  - **Minimal number of participants: 4 people**
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## Price does not include:

- cost of arrival at the starting location
  - cost of return from the finishing location
  - Bike rental
  - Local taxes at the hotel, about 2,5€/person/night
  - Meals
  - Additional accomodations
  - Additional private expenses during the trip
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## Price per person:

650 EUR/person in a double room

Single room surcharge: 330 EUR/person

\*Trip for people over 16 years of age, due to effort level of the route

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## Dates:

Year round.

Tour starts every **Monday**, after minimal number of participants is reached.

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## Our bikes:

We offer trekking hybrid 27-gear bikes and electric bikes with V-brakes.

### **27-gear hybrid trekking bikes:**

A hybrid trekking bike, suitable for Tuscany's elevations.  
Equipped with disk brakes, which provide safety.

### **Price includes:**

- Bicycle lock
- Cycling pannier
- Pump
- Spare inner tube
- Repair set (for 1 or 2 people)

### **Electric bike**

Our electric bikes are equipped with V-brakes. The battery is meant to provide assistance during the ride, it should not be considered an engine. Fully loaded, it will be sufficient for about 70-90 km, depending on the chosen programme (Eco, Sport, Turbo). The battery should be reloaded daily.

#### **Price includes:**

- Bicycle lock
- Cycling pannier
- Pump
- Spare inner tube
- Repair set (for 1 or 2 people)
- Battery
- Battery charger

## **Cost of bike rental:**

Trekking bike – 120 EUR/person

Electric bike – 325 EUR/person

Trekking bike without panniers – 85 EUR/person

Electric bike without panniers – 280 EUR/osoba